



# Spirit of the Earth SOUL RETREAT

## Spirit of The Earth Spa Menu

At Spirit of The Earth we pride ourselves on using an exquisite blend of organic almond, jojoba and peach kernel oils as a base for all our massages. This added nourishing quality makes our treatments unique and absolutely irresistible.

At Karma chalets and Celestine Retreat we are offering the following treatments as an in house service providing you with the added luxury of us coming to you.

To make a booking phone Spirit of The Earth on 98 482873 or 0432 779582. To see our full range of treatments visit our website [www.spiritoftheearth.com.au](http://www.spiritoftheearth.com.au)

**Lotus massage                      \$85                      70 mins**

A relaxing Swedish Massage utilizing the delicate blend of essences from beautiful fragrant flowers and the delicate sweet fruits of the Lotus Treatment Oil. Including Sweet Orange, True Lavender, Mandarin and Ylang Ylang pure essential oils.

**Papyrus Massage                      \$85                      70 mins**

A relaxing Swedish massage utilizing the uplifting and energizing scent of the Papyrus Treatment Oil including Lime, Juniper Berry and Lemongrass pure essential oils.

**Arabian Nights Massage                      \$85                      70 mins**

A relaxing Swedish massage utilizing the earthy and exotic scent of mandarin, pink grapefruit, sandalwood, clove and cinnamon pure essential oils.

**Nurturing Aroma Facial      \$85      60 mins**

*The Nurturing Aroma-Facial takes the senses on a wonderful aromatic journey using some of nature's most exquisite pure essential oils. Hot towels infused with special aromatic oils, an intense vitamin serum high in essential fatty acids and soft pink facial clay combine to make this a highly beneficial treatment for mature, dry, environmentally damaged skins. A deeply relaxing aromatherapy massage of the face, neck, shoulders, décolletage and head, plus the manipulation of specialised aromatherapy points, completes this outstanding facial.*

**Sweet Serenity    \$130      90 mins**

*Sweet Serenity has been designed for those wishing to have all the benefits of a salt and clay exfoliation combined with a relaxing Swedish massage. The treatment begins with the application of warm aromatic towels that have been infused with the beautiful Lotus Synergy and an exfoliation with a salt and clay blend to remove impurities, increase circulation and improve skin texture. As the treatment concludes, the body and senses are wrapped in the sweet, heady, floral aroma of the Lotus Treatment Oil.*

**Swedish massage and mini aroma facial    \$130      90 mins**

*Enjoy one of the above massages as well as a mini aroma facial.*

**Tandem massage      \$170      70 mins**

*Share one of these exquisite massages with a loved one or friend at the same time.*

**Ph : 98 48 2873 or 0432 779582**

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